



ProCons

Description

ProCon identifies the long- and short-term positive and negative consequences of taking or not taking an action. Enter an action then select long or short term “pro’s.” Now enter the likely consequence. Do the same for negative consequences. Then do the same for not taking the action. Once complete the consequences of taking or not taking the action is clear.

Instructions

Write the action, then write pro’s of short or long term consequences. Next write the con’s. Finally, repeat for not doing the action and compare the results.

What happens if?

PROS

CONS

Short Term

Short Term

1. _____

1. _____

2. _____

2. _____

3. _____

3. _____

Long Term

Long Term

1. _____

1. _____

2. _____

2. _____

3. _____

3. _____

What happens if I don't?

PROS

CONS

Short Term

Short Term

1. _____

1. _____

2. _____

2. _____

3. _____

3. _____

Long Term

Long Term

1. _____

1. _____

2. _____

2. _____

3. _____

3. _____